

A PARENT'S GUIDE TO HAVING A STUDENT IN HIGH SCHOOL



NODAWAY-HOLT R-VII SCHOOL DISTRICT

OUR APPROACH

College is **NOT** for everybody;
Postsecondary education **IS** for
EVERYONE.



GRADUATION REQUIREMENTS

HAVING A FRESHMEN IN HIGH SCHOOL



GENERAL REQUIREMENTS

1. Complete a total of 26 credits, including credits required by the State Board of Education.
2. Pass examinations on the provisions and principles of American history, American institutions, American civics, and the Missouri and U.S. Constitutions. (" 170.011, .345, RSMo.)
3. Successfully complete a course of instruction of at least one semester in length on the institutions, branches and functions of the government of the state of Missouri, including local governments, the U.S. government and the electoral process. (' 170.011, RSMo.)
4. Have earned credit in the Nodaway-Holt R-VII School District's educational program between the ninth and twelfth grades.
5. Have taken all required end-of-course (EOC) examinations. (DESE Graduation Guidance)
6. Have received 30 minutes of cardiopulmonary resuscitation (CPR) instruction and training in the proper performance of the Heimlich maneuver or other first aid for choking. (' 170.310, RSMo.)
7. All seniors must be in attendance 80% of the time their senior year.



REQUIRED CREDITS

| | Graduation Requirements | Career Preparatory Certificate |
|----------------|-------------------------|--------------------------------|
| English | 4 units | 4 units |
| Social Studies | 3 units | 3 units |
| Mathematics | 4 units | 3 units |
| Science | 3 units | 3 units |
| Fine Arts | 1 unit | 1 unit |



| | Graduation Requirements | Career Preparatory Certificate |
|---|----------------------------|-----------------------------------|
| Practical Arts | 2 units | 1 unit |
| Physical Education* (see FILE:IKF) | 2 units | 1 unit |
| Personal Finance/Career Development (each .5 credit) | 1 unit | 0 units |
| Health/FACS I (each .5 credit) | 1 unit | 0 units |
| Electives | 6 units | 5 units |
| Specified Core Electives (including foreign language) | 0 units | 3 units |
| TOTALS | 27 units | 24 units |



DUAL CREDIT & EARLY COLLEGE ACADEMY

HAVING A FRESHMEN IN HIGH SCHOOL



DUAL CREDIT/DUAL ENROLLMENT COURSES

Something to consider:

- \$95/credit hour (MWSU) or \$107/credit hour (NWMSU) in high school vs. \$300/credit hour while in college
- Can help to complete general requirements at both high school and college level concurrently
- No limit to the number of courses a students can enroll in
- Many courses are widely transferable in state
 - Nationally accredited = easier out-of-state transferability
- All access to campus, including library, facilities, laptops, events, etc.
- Introduction to and exploration of potential career pathways



EARLY COLLEGE ACADEMY (MWSU)

Includes textbooks - does not include access fees

General Chemistry*

Oral Communication

College Principles of Biology

Introduction to Art

College English 104 & 108*

Perspectives in Music

College Algebra*

American History - 1865

General Psychology

American History 1865 - Present

World Geography

Introduction to Sociology

Elementary Spanish

* = **ACT Requirement**

Flex Opportunities Available!



DUAL CREDIT COURSES (NWMSU)

Includes laptop & textbooks - some individual course fees may apply

Composition I

Composition II

General Statistics

The United States to 1877

General Chemistry I (with Lab)

Intro to American Govt. & Politics

Enjoyment of Music

General Biology (with Lab)

Intro to Literature (Prerequisite Comp I & II)

Western Civilization

Pre-Calculus Algebra

Fundamentals of Oral Communication

Intro to Geography

General Psychology



NORTHWEST TECHNICAL SCHOOL

HAVING A FRESHMEN IN HIGH SCHOOL



NORTHWEST TECHNICAL SCHOOL (NTS)

Reasons to pursue NW Tech School certifications:

- Hands On Learning
- FREE Career Training
- Build Your Resume
- Work Experience
- College Credits
- Industry Credentials
- Potential Internship Opportunities

Apply with Mrs. Ginther during early Spring
of Sophomore year!



APPLICATION DOCUMENT REQUIREMENTS

- Students will need to complete the **Vocational-Technical School Agreement** (including parent signatures)
- Students will need to complete the **Northwest Technical School Application**
- In addition, students will also need to submit a **typed summary** with the following information
 1. **What program you are wishing to participate in at Vo-Tech.**
 2. **What knowledge you hope to gain from Vo-Tech.**
 3. **How you will utilize the information learned at Vo-Tech for your future career goals.**

Students also need to include **one letter of recommendation** from a person that is not listed above (letter of recommendation is addressed to the Selection Committee not to Vo-Tech).

All required information must be submitted by **May 1st** in order to be considered to attend Vo-Tech for the next school year.



NTS DEPARTMENTS

Agriculture

Automotive Technology

Building Trades

Business Technology

Collision Repair

Culinary Arts/Family Consumer Science

Health Science Technology

Teaching Professions

Vocational Resources

Welding/Machine Shop



NTS INTERNSHIP REQUIREMENTS

- Qualifying students must:
 - a. Have senior status at Nodaway-Holt R-VII School District.
 - b. Be in the last quarter of their final year in their program of study at the Northwest Technical School.
 - c. Maintain a minimum attendance rate of 92% during the entire school year.
 - d. Be considered a “credible citizen.” Those students whose character or conduct is such as to reflect discredit upon themselves or their school is not considered a credible citizen. Conduct shall be satisfactory in accord with the standards of good discipline.
 - e. Present a typed letter, requesting permission to be placed in an internship with an approved business **in their respective field of study**.
 - f. Turn in all completed application paperwork for the internship program.
 - g. Obtain a letter of recommendation by their instructor at the Northwest Technical School.
 - h. Maintain a “B” average in all vocational technical classes for the duration of their program.



INDIVIDUAL CAREER & ACADEMIC PLAN

HAVING A FRESHMEN IN HIGH SCHOOL



INDIVIDUAL CAREER & ACADEMIC PLAN (ICAP)

ICAP = Roadmap

- Multi-year process (started in 8th grade)
- Intentional
- Where are we going?
 - Directly to the workforce
 - Military
 - Tech School/area career center
 - Vocational training (apprenticeship)
 - 2-year college
 - 4-year college



IDENTIFYING INTERESTS

For an ICAP to mean anything, students must be exploring interests.

- Electives & Exploratory Classes
- NTS Tour & Program Exploration (8th & 10th Grade)
- College & Career Readiness Day
- My Success Event (12th Grade)
- Job Shadowing
 - MOSAIC's AHEC program is excellent for those interested in Health Science
- College Visits
 - 11th Grade allowed 1 excused absence
 - 12th Grade allowed 2 excused absences



ATHLETIC ELIGIBILITY

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ATTENDANCE RULES

A student must be in attendance the **entire day (8:00-3:40)** in order to attend or participate in a school activity that same day. This means, if a student is tardy to first hour they are ineligible to participate in any extracurricular that day. **Certain instances will be excusable at the discretion of the principal (advanced approval required for appointments), or a doctor's note is presented.** All excused absences will be addressed individually by coaches, and could require training/conditioning for time missed. This could also lead to a reduction in playing time as stated by individual team rules.

If an event is scheduled for a Saturday, students must be in attendance the entire day (8:00-3:40) on the preceding school day, or be excused by the principal, to participate.

If a participant has more than 3 unexcused (an absence that is not pre-arranged with the head coach) absences from practice or an activity, they will be removed from the activity.

Students must be in attendance for at least half of the school day to be able to attend practice.



ACADEMIC ELIGIBILITY

- Grade checks will be conducted on the first school day of every week, starting with the third week of each quarter. Any student, grades 7-12, with an F letter grade after each grade check will be ineligible to participate in any extracurricular until the next grade check. This includes, but is not limited to, athletics, cheerleading, FBLA, FCCLA, FFA, field trips, prom, trap shooting, etc. This does not, however, include activities that are required for a grade in class; i.e. marching band, concert band, choir performances, etc.



A+



A+

Students must have:

- 95% attendance
- A GPA of 2.5 or above
- Proficient or Advanced on the Algebra I EOC
- 50 hours of unpaid tutoring/mentoring
- A signed agreement with Mrs. Ginther (see the A+ Student Handbook on the school website)
- A record of good citizenship and no drug/alcohol/tobacco related offenses
- Completed FAFSA

Following graduation, an official copy of the student's transcript with A+ certification will be submitted to their postsecondary institution. The institution will distribute A+.



ADDITIONAL HELPFUL TIPS



TIPS FOR PARENTS

- Engage in conversation about your student's school day - don't stop at "how was your day?"
- Make sure your child has time set aside to complete homework.
- Keep communication lines open between yourself and your student's teachers.
- Contact your child's teacher first if you have any concerns. The teacher will consult with the principal if needed.
- Value your child's education and express the importance of it every single day.



SCHOOL WEBSITE & TEXT ALERTS

- Utilize the school website.
 - All handbooks, forms, course offerings, supply lists, etc. can be found under either the *Jr-Sr High School* or *Parents* sections.
- Sign up for Text Alerts.
 - Important information, such as school closures, game changes, etc. will be sent via textcaster.



QUESTIONS



CONTACT INFORMATION

- Feel free to contact the school with any questions you might have.
- Contact information can be found on the school website under the *Staff* section.
 - General Rule of Thumb - if you are trying to email a Nodaway-Holt Employee it will be the first letter of the individual's first name, followed by their last name at nodholt.org
 - For Example: Mike Hollingsworth is mhollingsworth@nodholt.org

